

Don't Be Afraid

Don't be afraid that if you cry you won't be able to stop

Don't be afraid that if you cry you will lose your composure on the spot

Don't be afraid you'll no longer be that strong tower that you've created

Don't be afraid that others will see that your strength is highly overrated

Don't be afraid to let go because all the old hurts and pains will come back

Don't be afraid you'll get to the point of no return and just crack

Don't be afraid to open your heart and let all the tears you've held so long come to the surface and shout

Don't be afraid that you won't be able to take it and your life will be turned inside out

Don't be afraid, for God has called women to cry out to Him for all things

We should teach our daughters to cry out to Him

Don't be afraid for in Him is True Strength, True Power, True Love and Freedom

Freedom from all that has caused you pain and suffering

Don't be afraid



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